

Volunteers

We would not be able to run this triathlon without wonderful volunteers. If you can't compete in the race, then being a volunteer is the best way to still be part of the excitement. If you are interested in volunteering for the adult races (Saturday, May 18) and/or kid's race (Friday, May 17), please contact Joella Baker at joella@zoominternet.net or Mitch Schall at schallmitchell17@gmail.com.

Below is the basic volunteer guide that we use for the **adult races** so that you can get an idea of what it's like. If you are interested in volunteering for the kid's triathlon please plan on being at the race site by 5:00 pm on Friday evening, May 17.

Mighty Moraine Man Volunteer Information 2019

WHERE:	Volunteer tent at the registration area. Far parking area at Lakeview Beach, North Shore Drive.
WHAT:	<p>Once you arrive at the volunteer tent you will check in and be assigned your job and given your instructions. <u>My cell is 724-321-4265 and Mitch's # is 724-316-2495</u> if you get confused, call one of us.</p> <p>If you would like to be assigned a job with a partner (wife, friend, child, etc) please make sure that you are all together when checking in and tell them that.</p> <p>If you have a preferred job (see below) then get there at the correct time and tell the coordinator your preference. <u>Please understand</u> that you may not get your preferred job as we have to put people where we need them and when at that moment so that the race runs smoothly and SAFELY. Also, you likely will be asked to do multiple jobs if they are not long ones (i.e. body markers then go become swim counters etc.) It's a MAJOR task organizing the volunteers, so please respect that, please be <u>flexible</u> and PLEASE be nice to the coordinators.</p>
WHEN:	<p>All volunteers must be at the volunteer tent between 5:30 and 6:00 a.m. at the latest! (5:00 a.m. SHARP if you are a doing body marking, parking, transition area patrol or registration). The earlier that you get there the better (you have to get up early anyhow)!!</p> <p>PLEASE NOTE - ALL VOLUNTEERS MUST BE AVAILABLE UNTIL 12:00 P.M. <u>OR</u> UNTIL YOU ARE RELIEVED FROM YOUR ASSIGNED SPOT BY A RACE MANAGER.</p> <p>Please note that there may be some "down time" between checking in and your assignment starting. You may be assigned small jobs during this time, but please stay near the volunteer tent enjoying the "spectacle" with some coffee and donuts until your job starts (it's a very exciting & fun atmosphere if you have never been to one).</p>

JOB DESCRIPTIONS

(There are lots of jobs, but here are the basics. Again, please be prepared to be flexible and go where needed)

Registration and packet pick up all week and race morning.

10 people

Monday: Pro Bike and Run: 11:00 to 1:00 and 6:00 to 8:00

Tuesday: YMCA: 5:30-7:30 PM

Wednesday: YMCA 11:00 – 1:00

Thursday: Moraine 11:00-1:00

Friday: Moraine 3:00 to 7:30

Parking Marshal

2 people

Parking will only be at the large parking lot you come to. Volunteers may park by transition. We are accepting \$5 donations for parking to support the park.

Swim kayaker 5-8 people

Assist on the lake with watching and patrolling the swim from a kayak.

Body Marker 3-5 people

Properly mark all athletes with body markings. You will be given an instruction sheet. Yes this job means writing on people's bodies with a marker! This is one of the more fun jobs in my opinion – lots of laughing and excitement.

Greeter/Registration 1 person

Guide athletes to the registration tent and help get them their stuff.

Transition Area Control: Mount and Dismount Line. 4 people

Ensure only registered athletes enter the Transition Area (i.e. they have their number and have been body marked). Close down TA at 7:00 AM Sharp!

Swim Corral Counters (outer corral, inner corral, exit count):

3 people

Simply put – counting swimmers and reporting it to race official. We need to make sure that the same number comes out that went in – pretty important job obviously!

Lead vehicle and cycling patrol.

You will lead all cyclists in a vehicle on the bike course.

Bike Course Marshal

8 People

This is the biggest need job. You will be stationed at one of the intersections, turns or U-turns on the bike course. Your responsibility will be to guide athletes to "TURN HERE" by hand and voice signals (while also cheering them on). You are also responsible for reporting any emergency issues that you see on the course. We will have transportation to take you to your spot and pick you up if needed or you may get your assignment and drive there yourself if you want. You will be released from your post by a race marshal once all bikers have left the course. YOU ARE THE EYES AND EARS OF THE BIKE COURSE – WHICH STRETCHES OUT 3 miles both directions. MANY MILES FROM "COMMAND CENTRAL." I HIGHLY RECOMMEND YOU BRING A CHAIR AND SOME DRINKS ETC.

Run Course Leader 2 people

Lead all runners on the run course with a bicycle. We will need 2 people for this. One for the Sprint race and one for the Olympic Race.

Run Course Marshal or Water Station

16 people

Guide and cheer the runners through the course. Hand out water and additional drinks and food on the course. Report to medical if there are any issues. Bring a speaker and play music if you can. 7:15 AM to 12:00 PM.

Finish Line (4 needed):

Take off timing chip when they cross finish line and give to race official. Hand out finisher medals, finisher towels, shirts and water.

Food

Setup and manage the lunch line when athletes and volunteers are getting their food and help clean up after.

Clean up:

Self-explanatory and important

DJ and announce athletes as they come through.

Anyone who likes to play music and talk about the athletes can sign-up for this job.

***Please note that I have left off lifeguards, swim marshals & medics from this list as those are specialized positions. Please let me know if you are qualified for these jobs as they are CRITICAL.**